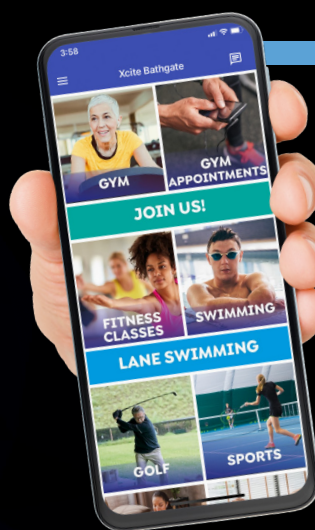


FITNESS CLASS TIMETABLE

DAY	TIME	CLASS	LOCATION	DAY	TIME	CLASS	LOCATION
MONDAY	06:30-07:15	Body Pump	Studio 1				
	18:15-19:00	Xcite Circuit	Studio 1				
	19:30-20:15	Lm Tone	Studio 1				
	19:25-20:10	Aquafit	Poolside				
	20:20-21:05	Aquafit	Poolside				
TUESDAY	06:30-07:15	Body combat	Studio 1				
	10:30-11:15	Aqua Zumba	Poolside				
	17:40-18:25	Aqua Zumba	Poolside				
	18:15-19:00	Power Stretch	Studio 1				
	19:05-19:50	Body Balance	Studio 1				
WEDNESDAY	18:00-18:45	Body Combat	Studio 1				
	19:00-19:45	Body Pump	Studio 1				
THURSDAY	10:30-11:15	Aquafit	Poolside				
	18:30-19:15	Zumba	Studio 1				
	19:15-20:15	Xcite Yoga	Studio 1				
FRIDAY	06:30-07:15	Body Pump	Studio 1				
SATURDAY	09:15-10:00	Body Attack	Studio 1				
	10:10-10:55	Body Pump	Studio 1				
SATURDAY	09:05-09:50	Body Pump	Studio 1				
	09:55-10:40	Body Balance	Studio 1				



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