## FITNESS TIMETABLE

Day	Time	Class	Location
Tuesday	09.50-10.50	Xcite Aqua	Pool
Tuesday	19.20-20.20	Deep Water Xcite Aqua	Pool
Wednesday	09.40-10.30	Xcite Aqua	Pool
Thursday	09.50-10.50	Xcite Aqua	Pool
Thursday	20.00-21.00	Aqua Zumba	Pool



## BOOK NOW ON THE XCITE APP



Remember to pre-book your fitness class! Get the latest updates plus quick and easy access to view timetables and book your favourite activities with WLL Xcite App!

**Xcite Armadale** 

T: 01501 229200



