## FITNESS . TIMETABLE

Day	Time	Class	Location
Tuesday	09.50-10.50	Xcite Aqua	Pool
Tuesday	19.20-20.20	Deep Water Xcite Aqua	Pool
Thursday	09.50-10.50	Xcite Aqua	Pool

## BOOK NOW ON THE XCITE APP



Remember to pre-book your fitness class! Get the latest updates plus quick and easy access to view timetables and book your favourite activities with WLL Xcite App!

Xcite Armadale T: 01501 229200



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