



KIDS
EASTER
HOLIDAYS

MONDAY 8 APRIL
FRIDAY 19 APRIL 2019

BOOK ONLINE!
via WLL Xcite App!

XCITE

West Lothian Leisure (known as Xcite) is a Scottish Charity, SC027470.

@XciteLeisure   

www.westlothianleisure.com

XCITE Armadale

In the Pool

Week	Day	Time	Activity	Age Group	Price	Junior	Course	Book	Book Online
1&2	Mon-Fri	10.00-16.00	Swimming*	Under 16s	£1.00	Yes	No	No	No

Fitness

Teentone

1&2	Mon-Fri	11.00-17.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
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XCITE Bathgate

In the Pool

Week	Day	Time	Activity	Age Group	Price	Junior	Course	Book	Book Online
1&2	Mon-Fri	10.00-16.00	Swimming*	0-15yrs	£1.00	Yes	No	No	No
1&2	Wed	13.00-14.00	Water Polo	8-15yrs	£4.00	Yes	No	Yes	Yes
1&2	Mon & Wed	14.00-15.00	Pool Inflatable	8-15yrs	£4.00	Yes	No	Yes	Yes

Soft Play

1&2	Mon & Wed	10.00-11.00	Arts & Crafts	18mths-4yrs	£4.00	Yes	No	Yes	Yes
1&2	Fri	10.00-12.00	Disco Party	18mths-4yrs	£4.00	Yes	No	Yes	Yes

Sports

1&2	Mon & Wed	10.00-12.00	Activity Run	8-12yrs	£4.00	Yes	No	Yes	Yes
1&2	Fri	10.00-12.00	Sports Games	5-12yrs	£4.00	Yes	No	Yes	Yes

Fitness

Teentone

1&2	Mon-Thurs	06.00-08.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
		11.00-18.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
	Fri	06.00-08.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
		11.00-22.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
	Sat	08.00-18.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
	Sun	08.00-21.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No

Teentone – some sessions may require you to be accompanied by an Adult.
A Teentone Start Well Induction is required before you can attend the gym.

*£1.00 swimming is only available to under 16yrs during these times. £1.00 swimming applies for one session per day, per person, and is subject to availability. Pool Rules and entry ratios apply.

Children under 8yrs must be accompanied by an adult.

Please take the time to read our Pool Guidelines and Rules before visiting our Swim Venues.

Book online!

XCITE Broxburn

In the Pool

Week	Day	Time	Activity	Age Group	Price	Junior	Course	Book	Book Online
1	Mon-Fri	10.00-16.00	Swimming*	Under 16s	£1.00	Yes	No	No	No
1	Mon/Wed/Fri	11.00-12.00	N-R-G Splash	8-15yrs	£1.00	Yes	No	No	No

Sports

1&2	Monday	13.00-14.00	Footie Skills	3-5yrs	£4.00	Yes	No	Yes	Yes
1&2	Monday	14.00-15.00	Footie Skills	6-11yrs	£4.00	Yes	No	Yes	Yes
2	Tuesday	13.00-14.00	Fit Kids	3-5yrs	£4.00	Yes	No	Yes	Yes
2	Tuesday	14.00-15.00	Fit Kidz	6-11yrs	£4.00	Yes	No	Yes	Yes
1	Mon-Fri	09.30-10.15	Gymnastics	3-5yrs	£4.00	Yes	No	Yes	Yes
1	Mon-Fri	10.30-11.15	Gymnastics	5-7yrs	£4.00	Yes	No	Yes	Yes
1&2	Wednesday	13.00-14.00	Bouncy Castle	18mths-4yrs	£4.00	Yes	No	Yes	Yes
1&2	Wednesday	14.00-15.00	Bouncy Castle	5-11yrs	£4.00	Yes	No	Yes	Yes
1&2	Thursday	15.00-16.00	Multisports	3-5yrs	£4.00	Yes	No	Yes	Yes
1&2	Thursday	16.00-17.00	Short Tennis	5-11yrs	£4.00	Yes	No	Yes	Yes
1&2	Thursday	17.00-18.00	Badminton	6-15yrs	£4.00	Yes	No	Yes	Yes

Fitness

Teentone

1&2	Mon & Wed	06.30-18.00	With Adult	12-15yrs	£4.00	Yes	No	No	No
		18.00-22.00	With Adult						
1&2	Tues & Thu	08.30-18.00	With Adult	12-15yrs	£4.00	Yes	No	No	No
		18.00-22.00	With Adult						
1&2	Friday	06.30-21.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Sat	09.00-18.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Sun	09.00-21.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No

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Children under 8yrs must be accompanied by an adult.

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XCITE Craigswood

FREE course ran by Achieve More

**FOOTBALL
& SPORTS
CAMP**

Find out more @ www.aandm.org.uk
Book @ Xcite Craigswood T: 01506 237940.

XcITE East Calder

Sports

Week	Day	Time	Activity	Age Group	Price	Junior	Course	Book	Book Online
1	Tuesday	14.00-16.00	Alien Adventure	5-11yrs	£4.00	Yes	No	Yes	Yes
1	Wednesday	14.00-16.00	Desert Island	5-11yrs	£4.00	Yes	No	Yes	Yes
1	Thursday	14.00-16.00	African Safari (Dress Up)	5-11yrs	£4.00	Yes	No	Yes	Yes
2	Tuesday	14.00-16.00	Under the Sea	5-11yrs	£4.00	Yes	No	Yes	Yes
2	Wednesday	14.00-16.00	Antarctica	5-11yrs	£4.00	Yes	No	Yes	Yes
2	Thursday	14.00-16.00	Celebrity (Dress Up)	5-11yrs	£4.00	Yes	No	Yes	Yes

Fitness

Teentone									
1&2	Monday	10.00-18.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Monday	18.00-21.00	With Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Tue-Thurs	09.30-18.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Tue-Thurs	18.00-21.00	With Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Friday	09.30-21.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Saturday	09.00-11.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Saturday	12.30-14.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Saturday	14.30-16.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Sunday	12.30-14.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No
1&2	Sunday	14.30-16.00	Without Adult	12-15yrs	£4.00	Yes	No	No	No

Teentone – some sessions may require you to be accompanied by an Adult.
A Teentone Start Well Induction is required before you can attend the gym.

Price Update

Please note there will be a general pay-per-visit price increase across WLL and Xcite products including Kids Activities from 1 April 2019. This will not affect the Easter Holiday Programme 2019 as activity prices will remain the same for this edition, with the exception of a £1.00 charge for swimming timetabled sessions for under 16yrs which will be introduced into the Easter Holiday programme from 1 April 2019.

Book online!

XCITE Linlithgow

In the Pool

Week	Day	Time	Activity	Age Group	Price	Junior	Course	Book	Book Online
1	Mon-Fri	10.00-16.00	Swimming*	Under 16s	£1.00	Yes	No	No	No

Sports

1	Mon	10.00-12.00	Easter Baking	3-7yrs	£4.00	Yes	No	Yes	Yes
1	Tues	10.00-12.00	Bouncy Castle	3-7yrs	£4.00	Yes	No	Yes	Yes
1	Wed	10.00-12.00	Treasure Hunt	3-7yrs	£4.00	Yes	No	Yes	Yes
1	Thurs	10.00-12.00	Arts & Crafts	3-7yrs	£4.00	Yes	No	Yes	Yes
1	Fri	10.00-12.00	Multisports	3-7yrs	£4.00	Yes	No	Yes	Yes
2	Mon	10.00-12.00	Multisports	3-7yrs	£4.00	Yes	No	Yes	Yes
2	Tues	10.00-12.00	Arts & Crafts	3-7yrs	£4.00	Yes	No	Yes	Yes
2	Wed	10.00-12.00	Fancy Dress	3-7yrs	£4.00	Yes	No	Yes	Yes
2	Thurs	10.00-12.00	Bouncy Castle	3-7yrs	£4.00	Yes	No	Yes	Yes
2	Fri	10.00-12.00	Easter Party	3-7yrs	£4.00	Yes	No	Yes	Yes

Fitness

			Teentone						
1-2	Mon-Thurs	06.00-18.00	Without Adult	12-15yrs	£4.00	Yes	No	Yes	No
		18.00-22.00	With Adult	12-15yrs	£4.00	Yes	No	Yes	No
1-2	Friday	06.00-22.00	Without Adult	12-15yrs	£4.00	Yes	No	Yes	No

Teentone – some sessions may require you to be accompanied by an Adult.
A Teentone Start Well Induction is required before you can attend the gym.

*£1.00 swimming is only available to under 16yrs during these times. £1.00 swimming applies for one session per day, per person, and is subject to availability. Pool Rules and entry ratios apply.

Children under 8yrs must be accompanied by an adult.

Please take the time to read our Pool Guidelines and Rules before visiting our Swim Venues.

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XCITE Livingston

In the Pool

Week	Day	Time	Activity	Age Group	Price	Junior	Course	Book	Book Online
1&2	Mon-Fri	10.00-16.00	Leisure Pool**	Under 16yrs	£2.50	Yes	No	No	No

Soft Play

1&2	Tuesday	10.00-11.00	Arts & Crafts	18mths-7yrs	£4.00	Yes	No	Yes	Yes
1&2	Wednesday	09.30-10.30	Arts & Crafts	18mths-7yrs	£4.00	Yes	No	Yes	Yes
1&2	Thursday	17.30-18.30	Arts & Crafts	18mths-7yrs	£4.00	Yes	No	Yes	Yes
2	Friday	10.00-12.00	Easter Party	18mths-5yrs	£4.00	Yes	No	Yes	Yes

Fitness

1&2	Monday	18.45-19.30	Ninja Warrior	8-11yrs		Yes	No	Yes	Yes
1&2	Wednesday	19.00-19.45	Ninja Warrior	11-14yrs		Yes	No	Yes	Yes
1&2	Tuesday	17.00-17.30	Teen Fit	12-15yrs	£2.80	Yes	No	Yes	Yes
1&2	Friday	15.00-15.30	Teen Fit	12-15yrs	£2.80	Yes	No	Yes	Yes
1&2	Saturday	14.00-14.30	Teen Fit	12-15yrs	£2.80	Yes	No	Yes	Yes
			Teentone						
1&2	Mon-Thurs	06.00-08.00	Without Adult	12-15yrs	£4.00	Yes	No	Yes	No
		12.00-18.00	Without Adult	12-15yrs	£4.00	Yes	No	Yes	No
		18.00-21.00	With Adult	12-15yrs	£4.00	Yes	No	Yes	No
1&2	Friday	06.00-08.00	Without Adult	12-15yrs	£4.00	Yes	No	Yes	No
		12.00-21.30	Without Adult	12-15yrs	£4.00	Yes	No	Yes	No

Teentone – some sessions may require you to be accompanied by an Adult.
A Teentone Start Well Induction is required before you can attend the gym.

**Leisure Pool is only available for £2.50 to under 16yrs during these times. Pool Rules, entry ratios and flume restrictions apply. Children under 8yrs must be accompanied by an adult.

Please take the time to read our Pool Guidelines and Rules before visiting our Swim Venue

Flume restrictions: Kids under 5yrs must be accompanied on the flume by Adult;

Kids 5-7yrs can go down on their own but an Adult must be at the bottom of the flume;

Kids over 8yrs, who can swim without armbands, can go on the flumes without an Adult.

XCITE Whitburn

In the Pool

Week	Day	Time	Activity	Age Group	Price	Junior	Course	Book	Book Online
1&2	Mon-Fri	10.00-16.00	Swimming*	0-15yrs	£1.00	No	No	No	No
1&2	Mon	13.30-14.30	N-R-G Splash	8-15yrs	£1.00	Yes	No	No	No
1&2	Wed	13.30-14.30	N-R-G Splash	8-15yrs	£1.00	Yes	No	No	No

Sports

1	Monday	13.00-14.00	Multisport	3-5yrs	FREE	Yes	No	Yes	No
1	Monday	14.00-15.00	Multisport	5-7yrs	FREE	Yes	No	Yes	No
1	Thursday	10.00-10.45	Gymnastics	5-7yrs	£4.00	No	No	Yes	No
1	Thursday	10.45-11.30	Gymnastics	8-10yrs	£4.00	No	No	Yes	No

Fitness

			Teentone						
1&2	Mon-Thurs	11.00-18.30	Without Adult	12-15yrs	£4.00	Yes	No	Yes	No
		18.30-21.30	With Adult	12-15yrs	£4.00	Yes	No	Yes	No
1&2	Friday	11.00-21.30	Without Adult	12-15yrs	£4.00	Yes	No	Yes	No

Teentone – some sessions may require you to be accompanied by an Adult.
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Junior

Membership

Junior per month
Single: £20.00
Plus: £15.00

Junior
Membership Package (0-15yrs):

Full use of Kids
Membership package
Monday - Sunday
Open - Close

All Kids Xcite Memberships (under 16yrs) include:

- Soft Play including Supervised Sessions
- Kids Swimming Lessons
- Swimming Sessions
- N-R-G Sessions*
- Teentone Gym session (12-15yrs)**
- Sports - Golf - Athletics - Indoor Bowling
- Racquet Sports: Badminton - Tennis - Short Tennis - Table Tennis
- Discount on Football Hire
- Equipment Hire

Junior Plus is only available when added to an Adult Xcite Membership. Joining Fee £10 per child. Terms and Conditions Apply. Age restrictions may apply. Please note that most Junior activities are timetabled and may require to be pre-booked. Not all Kids activities @ Xcite are included in Junior membership.

*Some N-R-G activities may be offered at discounted rate to Junior Members.

**Teentone session are timetabled sessions in the gym, an induction must be complete before attending sessions.

Holiday Programmes

During West Lothian School Holidays Xcite runs additional kids activities across all our venues. The majority of these are included in Junior Membership or offered @ a discounted price.

XCITE

www.westlothianleisure.com

@XciteLeisure



West Lothian Leisure (known as Xcite) is a Scottish Charity, SC027470.